

Nursery - Progression of Knowledge and Skills PSHE

Term	Knowledge	Skills
<p>Autumn 1 Topic: Me and My Relationships</p>	<ul style="list-style-type: none"> • that I am unique. • some families are different than others, but they still love and care for each other. 	<ul style="list-style-type: none"> • Share my likes and dislikes. • Talk about my family and special people. • Speak positively about myself. • Name different feelings.
<p>Autumn 2 Topic: Valuing Difference</p>	<ul style="list-style-type: none"> • there are differences and similarities between themselves. • I can celebrate my friends and include them. • people have different cultures and religions. 	<ul style="list-style-type: none"> • Talk about similarities and differences between each other. • Talk about what me and my friends are good at. • Show kindness by including everyone.
<p>Spring 1 Topic: Keeping Safe</p>	<ul style="list-style-type: none"> • what to do if I feel unsafe. • how to stay safe inside and outside. • What can be potential dangers. 	<ul style="list-style-type: none"> • Talk about my special people at home and school. • Talk about what makes me feel safe. • Name things in the environment that keep us safe e.g. traffic lights, warning signs, school rules. • Identify who should give me medicine.

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<p>Spring 2 Topic: Rights and Respect</p>	<ul style="list-style-type: none"> • how to keep my body healthy. • How to take care of my home, my learning environment and the natural environment 	<ul style="list-style-type: none"> • Talk about the importance of keeping my body and teeth clean. • Name some healthy foods. • Talk about how I can help other people.
<p>Summer 1 Topic: Being my Best</p>	<ul style="list-style-type: none"> • about healthy choices and activities. • what I am being asked to do. • how to describe how I am feeling. • how to describe how someone is feeling. • How to play alongside others. 	<ul style="list-style-type: none"> • Explain how people might feel if they find something hard. • Talk about ways to help people to keep going. • Develop resilience and persistence in their learning. • Work cooperatively with others when faced with a challenge.
<p>Summer 2 Topic: Growing and Changing</p>	<ul style="list-style-type: none"> • what change means. • what growing means. • about change in the environment. • When something has changed. 	<ul style="list-style-type: none"> • Describe the changes in babies, young animals and plants as they grow. • Describe seasonal changes. • Talk about how babies change as they grow.