

Year 2 - Progression of Knowledge and Skills PSHE

Term	Knowledge	Skills
<p style="text-align: center;">Autumn 1 Topic: Me and My Relationships</p>	<ul style="list-style-type: none"> • That actions that will contribute positively to the life of the classroom. • that people have different ways of expressing their feeling. • the names of each feeling and how to deal with them. • that friendship is an important relationship. • what bullying is. 	<ul style="list-style-type: none"> • use a range of words to describe feelings. • talk about who can help me if I am upset. • talk about how friends can look after each other. • explain the difference between bullying and unkind behaviour.
<p style="text-align: center;">Autumn 2 Topic: Valuing Difference</p>	<ul style="list-style-type: none"> • similarities and differences between people. • how a person's behaviour can affect other people and explain how. • how it feels to be part of a group. • and can give examples of acts of kindness and unkindness. 	<ul style="list-style-type: none"> • talk about how I am the same or different to my friends. • talk about who is special to me. • talk about what I can do if I feel left out. • talk about how I can be kind to others.
<p style="text-align: center;">Spring 1 Topic: Keeping Safe</p>	<ul style="list-style-type: none"> • that medicines can sometimes make people feel better when they're ill. • which situations make me feel safe or unsafe. • Which secrets are safe and which are unsafe. • ways to stay safe online. 	<ul style="list-style-type: none"> • name different medicines and talk about who should use them. • discuss what to do if I feel unsafe. • talk about who I can trust. • explain how to stay safe online.

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<p>Spring 2 Topic: Rights and Respect</p>		<ul style="list-style-type: none"> • strategies for getting on with others in the classroom. • special people in the school and community who can help keep me safe. • that people have choices about what they do with their money. • that money can be saved for a use at a future time. • how to look after the school environment. 	<ul style="list-style-type: none"> • talk about what people spend their money on. • discuss ways I can help to after the school environment.
<p>Summer 1 Topic: Being my Best</p>		<ul style="list-style-type: none"> • that I can choose things for myself but sometimes an adult must choose for me. • how germs can be spread. • the important of good dental hygiene. • how food, water and air get into the body and blood 	<ul style="list-style-type: none"> • talk about things I like and don't like. • describe simple hygiene routines. • talk about how to keep my teeth healthy. • name main internal body organs.
<p>Summer 2 Topic: Growing and Changing</p>		<ul style="list-style-type: none"> • How to demonstrate simple ways of giving positive feedback to others. • the range of feelings that are associated with losing (and being reunited) with a person I am close to. • the different stages of growth. 	<ul style="list-style-type: none"> • talk about what is important to me. • talk about how I have changed since I was a baby.