

Year 2 - Progression of Knowledge and Skills PE

Term	Children can:
AUT 1	▪ Perform basic skills of rolling, striking, kicking, catching and gathering skills with more confidence ▪ Show awareness of teammates and opponents when playing games ▪ Apply skills in a variety of simple games ▪ Make choices about appropriate targets, space and equipment ▪ Use a variety of simple tactics ▪ Understand that games can be different and know whether they need to throw, catch or kick the ball ▪ Work well with partners and in small groups to improve skills

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Term	Children can:
AUT 2	▪ Dribble the ball with their feet, keeping it under control ▪ Dribble a ball with their hands in a stationary position ▪ Pass the ball over a short distance using a variety of techniques ▪ Use their bodies to protect the ball against the defender ▪ Dodge a defender using a variety of different techniques ▪ Know what technique is needed depending on the game and/or ball ▪ Understand basic rules of games and follow them ▪ Dodge a defender using a variety of different techniques ▪ Dodge and avoid players on the opposite teams ▪ Understand the difference between rolling, bouncing and throwing

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Term	
SPR 1	Children can: ▪ Explore jungle-themed shapes, balances, rolls, and jumps. ▪ Travel across small apparatus like explorers moving through the jungle. ▪ Develop safe climbing, stepping, and landing techniques. ▪ Link 2-3 animal-inspired moves into mini routines. ▪ Perform simple sequences to others with confidence. ▪ Reflect on what they enjoyed and one way to improve

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Term	Knowledge	Skills
SPR 2	Children can: ▪ Hold a tennis racket correctly with one and two hands ▪ Keep control of a ball when on a racket, by balancing and bouncing ▪ Stand in the ready position and move towards the ball ▪ Understand that the 'volley' is played above the head ▪ Understand when the 'dig'/'forearm' pass is needed to be played ▪ Throw the ball with accuracy ▪ Pull the ball into your body as you catch	

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Term	Knowledge	Skills
SUM 1	Children can: ▪ Bounce a ball and catch it on its way up ▪ Show when a ball is at the top of its flight ▪ Hold the variety of bats safely and can contact a ball ▪ Judge the path of a ball that is bouncing towards them ▪ Get their body in line with the ball early and stop the travelling ball from going past them ▪ Make contact/strike a ball that has been thrown towards them ▪ Move their body depending on where the ball is travelling and contact the ball ▪ Use the skills taught and put into practice in a modified game	

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Term	Children are able to:
SUM 2	▪ Attempt the 'Jungle' Yoga poses ▪ Balance when performing each Yoga pose ▪ Relax their body when performing the basic poses ▪ Follow the story and understand what part comes next ▪ Lie down and rest their body when listening to music ▪ Control their breathing when performing each pose ▪ Talk about the effects of activity on their bodies ▪ Keep their tummy strong when performing the Yoga poses ▪ Remember and perform the majority of the Yoga poses